

# Friday Night Candle Lighting

1. When invited by the rabbi please come to the bima.
2. Read one of the following selections.
3. Light the Candles
4. Join with the Cantor in the chanting of the blessing.  
(both the Hebrew and transliteration of the blessing can be found in this packet. The chanting of the blessing can be found at <http://www.tasnorthridge.org/bmresources.php> )

## Readings from p. 121 in the Prayer Book

*Candle Blessing*

*Kiddush, Evening*

*Welcome*

*Shabbat Songs*

*You may offer one of these before kindling the lights.*

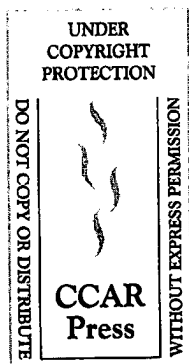
AS THESE SHABBAT CANDLES give light  
to all who behold them,  
so may we, by our lives, give light to all who behold us.

As their brightness reminds us  
of the generations of Israel who have kindled light,  
so may we, in our own day, be among those who kindle light.

O SOURCE of light and truth,  
Creator of the eternal law of goodness,  
help us to find knowledge by which to live.  
Lead us to take the words we shall speak  
into our hearts and our lives.

Bless all who enter this sanctuary in need,  
all who bring the offerings of their hearts.  
May our worship lead us to acts of kindness, peace and love.

*For Kabbalat Shabbat, turn to page 130.*



Help me perfect my ways of loving and caring.  
Inspire me to make myself whole  
so that I may honor Your name and  
create a world of justice and peace.

*Martin Buber*

Alternative readings  
(not found in the Prayer Book)

## HADLAKAT NEROT SHABBAT / LIGHTING SHABBAT CANDLES

*Candles are traditionally lit in the home. Many communities also light candles together at the beginning of the Kabbalat Shabbat service. For additional readings, see pages 732, 735-737, 797. On Shabbat Hanukah the Hanukah candles (page 672) are lit prior to the Shabbat candles.*

To light candles in all the worlds—  
that is Shabbat.

To light Shabbat candles  
is a soul-leap pregnant with potential  
into a splendid sea, in it the mystery  
of the fire of sunset.

Lighting the candles transforms  
my room into a river of light,  
my heart sets in an emerald waterfall.

Zelda (translator unknown)

\* \*

As the great doors of night are opening  
we come into the clean quiet room of Shabbat.  
Let us be thankful, as we light these candles  
like eyes of holiness, for this moment of peace.

Let us savor the fruit of the vine,  
the blood of the earth that quickens us.

Let us be thankful for grain, fruit of grasses  
that feed the cow, the gazelle and us.

Let us be grateful for the children and the work  
of the week that are our own fruitfulness.

Let us as we eat never forget that food comes  
from the earth we must cherish and heal  
through labor we must respect and reward.

Marge Piercy

הדלקת הנרות

## Kindling of the Shabbat Lights

This is the end of the week and its beginning.  
This is the moment of pause,  
The refilling of the empty vessel,  
The renewing of the spirit.

This is the remembering;  
The shared memory of four thousand years  
And the shared beginning of four thousand more.

This is the hearth, the gathering together;  
The pain and the joy,  
The tears and the gentle laughter.

This is the wisdom in an elder's eyes  
And the hope in a youth's fresh voice,  
The roots into the past  
And the arms stretched forward into the future.



Another week of work is ended; again Shabbat brings  
welcome peace.

We pause from our labors to let Shabbat give another  
dimension to our lives.

These Shabbat candles are symbols of the holiness we seek.

Their brightness dispels gloom and lights a path to faith  
and hope.

Their glow reminds us of the sacred bonds that link us to  
our people over space and time.

Their radiance summons us to fulfill our people's mission:

To cast the light of freedom, justice, and peace upon  
the world.

As we kindle these Shabbat lights, we remember the majesty of creation and rejoice in our ability to appreciate it.

*Light is the symbol of divinity and creative goodness. It is the outward sign of the inner spark God has shared with each of us.*

Light is the symbol of law and justice. It reminds us of our commitment to God's commandments.

*Light is the symbol of warmth and unity. It binds us together with Jews in all lands who are kindling the Shabbat lights.*

In joy and in peace, in sanctity and in remembrance, we now kindle the lights of Shabbat.



May the brightness of these Shabbat candles banish all gloom, anxiety, and care from our hearts. May this Shabbat bring us peace and serenity, joy and rest. Keep aglow within us, O God, the spirit of gratitude for Your many blessings, so that we may know the sweet taste of contentment and the rich harvest of sharing. Kindle in our homes and in our community a deeper love for one another, for our people, and for all humankind.



As these Shabbat candles give light to all who behold them, so may we, by our lives, give light to all who behold us. As their brightness reminds us of the generations of Israel who have kindled light, so may we, in our own day, be among those who kindle light.



We are grateful each morning  
For the fresh promise of a new day  
A day of new experience  
Of new tasks undertaken, new seeds planted,  
Of efforts brought to fruition  
Of bountiful harvests reaped.

*We are grateful each day  
For the creative and nurturing capacities  
We have been granted.  
For the compassion to sense those in fear,  
In hunger and in pain.*

*For the opportunity to share some of our bounty  
With those less fortunate.*

We are grateful each evening  
For the rest that comes after  
The day's tasks are done  
For the satisfaction of enjoying  
the fruits of our labors  
And for the opportunity to share  
This completeness with our neighbors.

*We are grateful this day  
For the joy that we may possess as we celebrate Shabbat  
For the dedication to pursue the blessing of Shabbat  
For the flickering candles that bring warmth to our hearts.*



Though the darkness of night has now descended, the dancing flames of the Shabbat candles remind us of the light, warmth and beauty that fill our lives.

The light of the love shared with our families;  
The warmth of friendship, of reaching out to one another;  
The beauty of our Jewish tradition, celebrating life itself, calling us to  
make a blessing of our own lives.

We praise the Eternal Source of goodness, who reminds us of the light that can fill our lives by calling us to kindle the lights of Shabbat.



On this day we would see the world in a new light.  
*On this day we would add new spirit to our lives.*

On this day we would taste a new time of peace.  
*We would rest from desire for gain, ambition for possessions.*

We would raise our eyes to look beyond time and space toward eternity.  
*O may we come to see the world in a new light.*

As it is written: "Let a new light shine upon Zion, and may it be our blessing to see its splendor."

**This Shabbat sheds light upon us, light for the days to come. We have leisure by which to see the world with new and grateful eyes. We have time now to look inward. And now we are free to embrace family and friends, to make our lives simpler and more complete. We think of our homes and those we love. When we call to mind the duties and affections of home, how greatly are all blessings enriched, all cares and sorrows softened. May the hearts of parents and children always be turned toward one another, that our homes may be sanctuaries of love and devotion. May we use this Shabbat to bring happiness to our family life, and blessing to our people.**



# Candle Blessing

(Hebrew, transliteration and translation)

p.120, Mishkan Tefillah

the melody for the blessing can be found at:

<http://www.tasnorthridge.org/bmresources.php>

# קַבְּלַת פְּנִים

KABBALAT PANIM — WELCOMING

BLESSINGS FOR SHABBAT

*The candles are lit before the blessing is recited.*

BARUCH atah, Adonai  
Eloheinu, Melech haolam,  
asher kid'shanu b'mitzvotav,  
v'tzivanu l'hadlik  
ner shel Shabbat.

בָּרוּךְ אַתָּה, יי  
אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,  
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו,  
וְצִוָּנוּ לְהַדְלִיק  
נֵר שֶׁל שַׁבָּת.

BLESSED ARE YOU, Adonai our God, Sovereign of the universe,  
who hallows us with mitzvot,  
commanding us to kindle the light of Shabbat.

*For Kabbalat Shabbat, turn to page 130.*

*Shabbat Candle Blessing* — The mitzvah of kindling Shabbat lights in the home is an early rabbinic practice (*M. Shabbat 2:1ff.*) The Shabbat candle blessing is first recorded in the ninth-century prayerbook, *Seder Rav Amram*. Lighting Shabbat candles as part of the synagogue service is an innovation of Reform Judaism.

הַדְּלָקָה הַגְּרוּת  
קְדוּשָׁה, עֲרֵבִית  
בְּרוּכִים הַבָּאִים  
שִׁירֵי שַׁבָּת

