

Ongoing Opportunities

EMBRACING TORAH: HOLOCAUST TORAH RENEWAL PROJECT

Come experience the mitzvah of writing in the Torah. Don't miss your chance to write your letter as we restore our Holocaust Torah – help bring our Torah back to life! Sign up for your letter-writing date and time at www.TAS-Northridge.org/Torah

TUESDAY MORNING TORAH STUDY

9:30-10:30 am

Drop in or come every week! This class is for all levels - beginner to advanced. No Hebrew necessary. Try it once, you will be hooked!

TAS BOOK CLUB

The TAS Book Club meets on the second Thursday of each month from September – For more information visit www.TASNorthridge.org/bookclub.php or contact Phyllis Bass (818) 360-0154 or Myrna Spiegel (818) 360-4850

MORE INFORMATION

CONTACT US AT:

www.TASNorthridge.org

818-360-2258

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18200 Rinaldi Place
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Adult Education at TAS

January - May 2011

Embrace the possibilities



Temple
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Adult Education Offerings

January - May 2011



WEDNESDAY EVENING CLASSES

7:30 - 8:45 pm

Feb. 9, 16 and 23

Our Torah Heroes - Perfectly Flawed with **Rabbi Dalia Samansky**

Think Abraham, Isaac, Rebecca, Jacob, David and our other biblical heroes were perfect? Think AGAIN. We will spend time looking at the perfectly human flaws our heroes and heroines had and learning about what it might say about us.

Mar. 2, 9, 16, 23, 30 and April 6

Getting Older: Ancient Dilemma, **Modern Approaches – New Perceptions** in Aging with **Melissa Sandler, MSW**

Growing older is no longer the same old thing. Changes in aging and care options can overwhelm individuals and their families. This class will help you see the big picture, incorporating professional speakers, Jewish texts, and discussion. Topics will include:

- Changes in Aging/Creating New Rituals,
- To Move or Not to Move,
- Caring For Ourselves as We Care for Others,
- Looking at the Financial Picture,
- Making the Big Decisions: Honoring your Father and Mother,
- Putting the Pieces Together: Caregiving Options.

Melissa Sandler, MSW has worked with older adults and their families for nearly 15 years in a wide variety of settings. Currently, Melissa works as the Community Liaison for Sherman Oaks Hospital's Outpatient Behavioral Health Programs.

Apr. 27, May 4, 11, 18 and 25

Eastern European City Study

This class will be led by YOU! During the class, each class member will choose a different city to research, and will present it during one of the forthcoming class sessions. You can come prepared with a city in mind, or we can help you choose one that interests you. Before you go on your exciting trip with Rabbi Lutz this summer, learn more about the cities you will visit! (You don't have to go on the trip to come and learn).

SUNDAY PROGRAMS

9:30 - 11:00 am

February 6 and 13

Paper Midrash with Rabbi Shawna and **Isaac Brynjugard-Bialik**

Join artist Isaac Brynjugard-Bialik and Rabbi Shawna Brynjugard-Bialik to explore the intersection of midrash and art. Come study the stories rabbis tell about the stories in the Torah, and enjoy a hands-on experience creating papercuts based on those stories. We'll be making art in both sessions – we'll provide the tools, you provide the enthusiasm!

March 6, 13 and 27

A Time To Mourn: How to Lead a Shiva **Minyan with Rabbi Shawna Brynjugard-Bialik**

After a funeral, the prayer service in the mourners home is called a "shiva minyan." Judaism teaches that in a time of mourning, the support of one's community gives strength. Learn how you can be that strength by learning to lead a shiva minyan. No experience or Hebrew required; anyone can do it – and this course is an excellent refresher for those who already lead shiva minyans. This is the first in a series of courses to train to serve as a worship leader.

April 3

Passover Workshop with Judy Soffer

Join us for a meaningful, comprehensive, and fun exploration of the Passover Holiday celebration. This class is for you whether you think that sitting through a seder is a bore, or you love all of the rituals that come with this major Jewish holiday. Discover new insights that will bring meaning to your celebration. No prior knowledge required - for beginners and seasoned veterans.

April 10

Jewish Genealogy

Delve into the fascinating world of your family's roots! Learn how to research your Jewish ancestry and the exciting new resources that are available to you. Who knows what you will uncover?!

DEAR – DEVELOPING AND ENCOURAGING ADOLESCENT RESILIENCE

12 Tuesdays Starting January 11

6:45 - 8:00 pm

This 12-week workshop, sponsored by the Resilience of the Soul committee, will focus on comprehending the incomprehensible: teenagers. Particularly, the teenagers that live in our own homes. In the first part of the workshop, parents will learn the developmental reasons that adolescents do what they do. Then parents will learn how to help facilitate the healthy growth of their teenagers, with the focus on developing resilience for all that life will bring their way.

The workshop is facilitated by Lila Snow, M.A., who has spent many years in Jewish education and currently teaches Human Development at Pierce College and the American Jewish University.

Free to members. Non-members - \$45 (single or couple) Purchase of a \$15 reader is required. Class limited to 35 participants.

Register online at www.TASNorthridge.org/dear

All Adult Education classes are free for Temple Ahavat Shalom members. There is a \$25 per course charge for non-members.